



# KADUNA STATE UNIVERSITY, KADUNA

*Welcomes you to the*



## **MEDICAL GRADUANDS** Programme Of Events

**THURSDAY, 2ND JULY, 2026**

**VENUE: 1000-SEATER LECTURE THEATER, KASU**

**TIME: 9:30AM**



## **NATIONAL ANTHEM**

**Nigeria we hail thee  
Our own dear native land  
Though tribe and tongue may differ  
In brotherhood we stand  
Nigerians all, and proud to serve  
Our sovereign Motherland.**

## **THE PLEDGE**

**I pledge to Nigeria my country  
To be faithful, loyal and honest  
To serve Nigeria with all my strength  
To defend her unity  
And uphold her honour and glory  
So help me God.**





**HIS EXCELLENCY**  
**SEN. (DR) UBA SANI**  
**THE GOVERNOR, KADUNA STATE**  
**AND**  
**VISITOR TO KADUNA STATE UNIVERSITY**

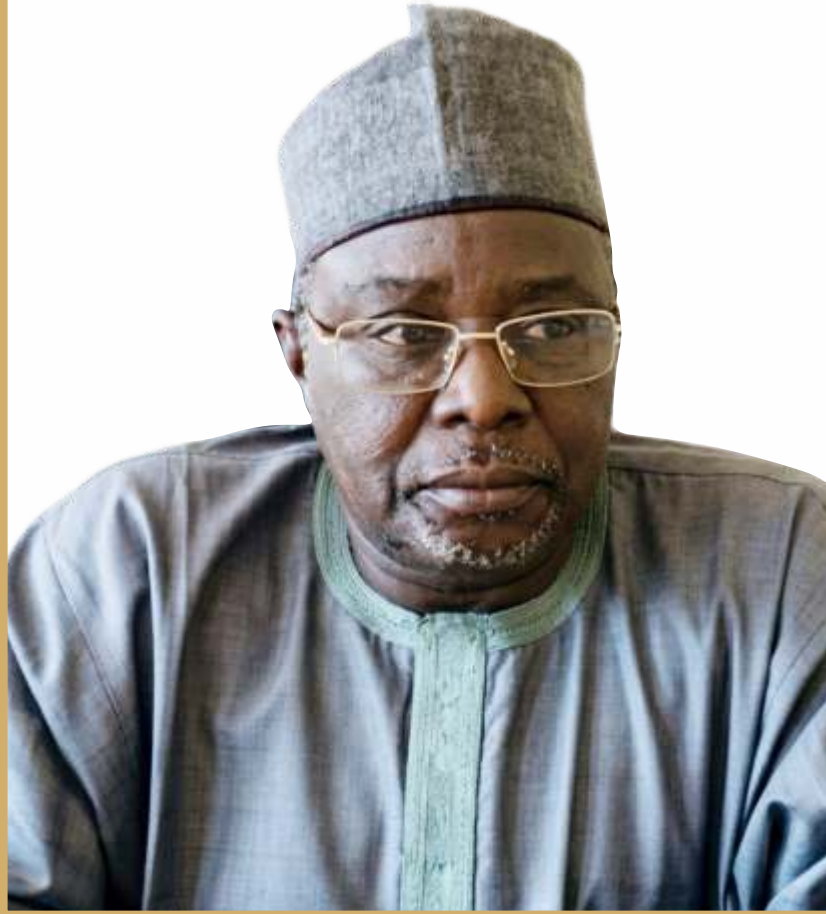




7TH SPONSIO ACADEMICA 2026  
KADUNA STATE UNIVERSITY



**SPECIAL GUEST OF HONOUR**  
**SEN. AHMED MUHAMMED MAKARFI, CON**  
**FORMER GOVERNOR OF KADUNA STATE**



**PROF. ABUBAKAR SANI SAMBO**  
**HONOURABLE COMMISSIONER OF EDUCATION,**  
**KADUNA STATE**



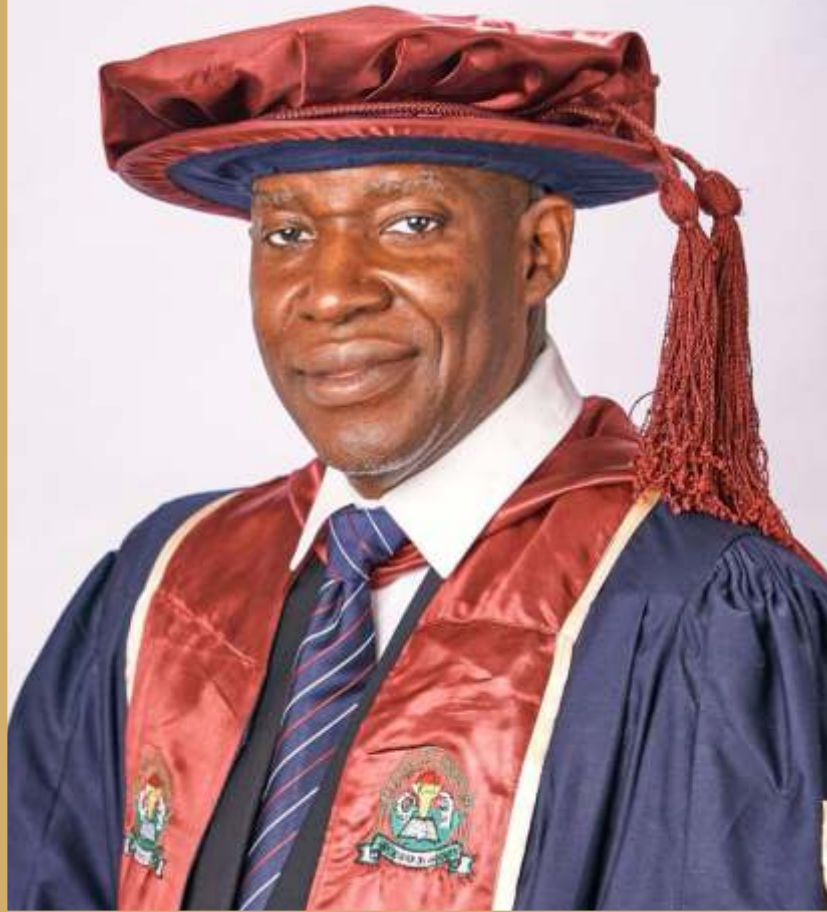
**HAJIYA UMMA K. AHMED**  
**HONOURABLE COMMISSIONER OF HEALTH,**  
**KADUNA STATE**



**PROF. FATIMA KYARI**  
**REGISTRAR**  
**MEDICAL AND DENTAL COUNCIL OF NIGERIA**



**HRH SANUSI LAMIDO SANUSI**  
**CHANCELLOR**  
**KADUNA STATE UNIVERSITY**



## **PROF. ABDULLAHI I. MUSA**

B.A., M.A., PhD., FHSN, FNIIA

**Vice Chancellor**  
**Kaduna State University**



7TH SPONSIO ACADEMICA 2026  
KADUNA STATE UNIVERSITY



**GUEST LECTURER**  
**PROF. AISHA INDO MAMMAN**  
PROFESSOR OF HAEMATOLOGY,  
AHMADU BELLO UNIVERSITY, ZARIA



## **PROF. HUSAIN YAHYA**

**PROVOST**  
**COLLEGE OF MEDICINE**  
**KADUNA STATE UNIVERSITY**



## **PROF. ABDULKADIR M. TABARI**

**CHIEF MEDICAL DIRECTOR,  
BARAU DIKKO TEACHING HOSPITAL,  
KADUNA STATE UNIVERSITY**



**COLLEGE OF MEDICINE, KADUNA STATE UNIVERSITY, KADUNA STATE**  
**7th SPONSIO ACADEMICA (GRADUATION/INDUCTION CEREMONY) 2026**  
**VENUE: 1000-SEATER THEATRE, MAIN CAMPUS, KADUNA STATE UNIVERSITY,**  
**KADUNA, NIGERIA**

**DATE OF THE CEREMONY: 2nd JULY, 2026**

**PROGRAM OF EVENTS**

9:00 – 9:30am	Arrival of guests
9:30 – 9:50am	Procession
10:00 – 10:05am	Opening Prayers
10:05 – 10:10am	Introduction of members of the high table
10:10 – 10:15am	National Anthem
10:15 – 10:20am	Welcome Address by the Provost, College of Medicine; <i>Prof. Husain Yahya</i>
10:20 – 10:23am	Vice-Chancellor's Remarks; <i>Prof. Abdullahi I. Musa</i>
10:23 – 10: 35am	Remarks by the Registrar, Medical and Dental Council of Nigeria (MDCN); <i>Prof. Fatima Kyari</i>
10:35 – 10:40am	Citation of the Guest Lecturer by <i>Dr. Livingstone G. Dogara</i>
10:40 – 11:10am	Lecture by the Guest Lecturer, <i>Prof. Aisha Indo Mamman</i>
11:10 – 11:15am	Administration of the Physician's Hippocratic Oath (Registrar, MDCN)
11:15 – 11:45am	Signing of Register and Collection of Licenses.
11:45 - 11:50am	Remarks by the Special Guest of Honour: <i>Senator Ahmed Muhammed Makarfi, CON</i>
11:50am –12.20pm	Presentation of Awards to Academically Outstanding Students; <i>Dr. Beatrice Ohunene Bello-Ovosi and Dr. Nafisat Ohunene Usman</i>
12:20 – 12:25pm	Goodwill Message by the CMD, BDTH; <i>Prof. Abdulkadir M. Tabari</i>
12:25 – 12:30pm	Remarks by the Honourable Commissioner for Health; <i>Dr. Umma Kaltume Ahmed</i>
12:30 – 12:35pm	Remarks by the Honourable Commissioner for Education; <i>Prof. Abubakar Sani Sambo</i>
12:35 - 12:40pm	Remarks by the Class Representative; <i>Dr. Yusuf, Abdullahi Onimisi</i>
12:40 – 12:43pm	Goodwill message by the Former Provost, KASUCOM, <i>Prof. Abdullahi Abba</i>
12:43 – 12:45pm	Vote of thanks by the Deputy Provost; <i>Prof. Halima Bello-Manga</i>
12:45 – 12:50pm	National Anthem and closing prayers.
12:50pm	Departure



## 7<sup>TH</sup> SPONSIO CEREMONY, KADUNA STATE UNIVERSITY

**WELCOME ADDRESS BY THE PROVOST, COLLEGE OF MEDICINE, KADUNA STATE UNIVERSITY, PROFESSOR HUSAIN YAHYA  
AT THE 7TH SPONSIO ACADEMICA/OATH TAKING CEREMONY OF THE GRADUATING MEDICAL STUDENTS OF THE COLLEGE OF MEDICINE KADUNA STATE UNIVERSITY, HELD AT THE 1000-SEATER LECTURE THEATRE, KADUNA MAIN CAMPUS, ON THURSDAY, 2<sup>ND</sup> JULY, 2026**

The Special Guest of Honor, Senator Ahmed Mohammed Makarfi  
The Honourable Commissioner, Ministry of Education,  
The Honourable Commissioner, Ministry of Health,  
The Vice-Chancellor,  
The Registrar, Medical and Dental Council of Nigeria  
The Chief Medical Director, Barau Dikko Teaching Hospital  
Invited guests  
Members of University Management  
Members of the Senate,  
Faculty and Staff of College of Medicine, KASU  
Staff of the University,  
Parents and guardians of graduands  
Graduands  
Members of the Press  
Distinguished Ladies and Gentlemen  
Good morning.

I am honored and delighted to be able to give this welcome address at this year's Sponsio Academica and Induction ceremony of the 7<sup>th</sup> graduating set of the College of Medicine, Kaduna State University. Today, God Willing, our graduands will take the Hippocratic oath. This oath, modified to suit the modern age, is a solemn pledge which every medical practitioner takes to transition them to the noble profession of healing. It sets out, right from the beginning, a code of conduct which governs the doctor's actions as he/she provides succour and healing to whomever seeks this irrespective of their race, ethnicity, religion, social status or origin.

This year is a special one for us: we are proud to be graduating sixty-eight doctors, the largest since the first set graduated in December 2020. Amongst these are 26 students who transferred from universities in war-torn Sudan, and two students from Ukraine. We are proud to be able to rescue the medical education of our fellow citizens and provide them with the opportunity to fulfil their long-cherished aspirations. Seven students from Kogi State University are also taking the oath today. We are glad to offer an off-ramp for a brother medical school in distress, who were unable to complete their education at their parent medical school.

We have a special guest amongst us today in the person of Senator Ahmed Mohammed Makarfi. The College of Medicine, and indeed, the whole Kaduna State University community are honored to have Senator Makarfi attend this ceremony. We owe our existence as a medical school and as a university, to Almighty Allah, and to the vision, dedication, and commitment of Senator Makarfi,



who, as the Executive Governor of Kaduna State, moved mountains to ensure the founding, establishment and nourishment of our beloved university and its constituent units, departments, faculties, centres and colleges. I fear no contradiction if I categorically say that Senator Makarfi is the father of Kaduna State University and I would like to appeal to the Kaduna State Government and Kaduna State University management to immortalize the name of Senator Makarfi by naming this building where this ceremony is taking place, the 1000 seat theatre, as the Senator Ahmed Mohammed Makarfi Theatre. We are honored to have you among us, Sir.

I also welcome the Honorable Commissioner of Education for Kaduna State, Prof Abubakar Sani Sambo, and the Commissioner of Health, Hajiya Umma Ahmed, for finding time to attend the Induction and Oath-taking ceremony of their wards. Your steady support and encouragement to the College of Medicine, and to Kaduna State University, have provided the calming influence for us to thrive as we have.

We are also delighted to have the Registrar of the Medical & Dental Council of Nigeria, Prof Fatima Kyari, who is back at home to administer the Hippocratic Oath to our new graduates. Prof Kyari was also here last year and reflects her love and admiration for the College of Medicine and for Kaduna State University, at large. We are honored to have you here once again, Ma.

We are lucky to have among us Prof Aisha Indo Mamman, a Professor of Haematology and Blood Transfusion at Ahmadu Bello University, who is our guest lecturer. Prof Mamman is a teacher and mentor par excellence with a long and a vast experience in medical practice, teaching, research and leadership – she has taught, mentored and supervised many of our faculty members as undergraduate and post-graduate students, who themselves have risen to the highest levels of the medical profession and academia as consultants and professors. She is therefore immensely qualified to speak on this year's lecture titled **“Seven Pillars for the 7<sup>th</sup> Cohort: Beams for Building an Impactful Career”**. The lecture is a catalogue of dos and don'ts and other pieces of wisdom and advice for new doctors from someone who has had a distinguished career and has seen it all and done it all. Professor Mamman is also the first woman to give our College's Graduation Guest lecture. You are welcome, Ma.

A warm welcome also goes to the Vice Chancellor of Kaduna State University, Prof Abdullahi Ibrahim Musa and his capable management team, who are here to rejoice with us and celebrate the hard work of the university in ensuring that our students get the best medical education they can get.

The Chief Medical Director of Barau Dikko Teaching Hospital, Prof Abdulkadir Musa Tabari, as always, is here with us. He has been a towering figure over almost a decade in the education of our students. He and his team's contributions to the education of our students is immeasurable. We salute your effort, Sir.

Let me also welcome our former Deans of the defunct Faculty of Medicine, Prof Shehu, Professor Abdu-Aguye and Dr Adze, our former Provosts of the College of Medicine, Prof Sambo and Prof Abba, who are here to witness the maturity of the fruit they have nurtured.

Here amongst us are also members of the Kaduna State University – students, academic and non-academic staff, heads of department, deans of faculties, provosts of other colleges and directors of various institutes and directorates. We are grateful that you are able to find time to join us celebrate.

There are many family members, relatives, friends and well-wishers of the graduates who are



here to rejoice with the graduates. Your material and emotional support has made all the difference in ensuring your wards and friends make it through the very challenging journey through a medical school. We are delighted to have you here with us today.

Our college has come a long way since its establishment in 2008. We have overcome adversity and disappointments and have now become a strong, virile and highly sought after medical school in Nigeria. Classrooms have been expanded to accommodate more students, academic and non-academic staff of various cadre have been employed to ensure that students get a rounded education in the classrooms, the laboratories and the wards that we have. We salute the Vice Chancellor and his capable management team for their patience, understanding and eagerness to listen to us. We are an ambitious college and would like to be even better. We are delighted to announce that the university has completed arrangements to purchase Anatomage Human Anatomy Dissection digital model to complement our existing cadaver dissecting. But a lot needs to be done to convert our beloved medical school from good to great. To enable us teach more effectively and absorb more students as directed by the Federal Government, we need to expand and build new classrooms, seminar rooms and teaching laboratories and equip them with modern teaching aids. We need to continue to attract, motivate and keep qualified staff to teach and mentor our students. We need to establish and nurture partnerships with other institutions within and outside Nigeria in order to make our MBBS programme even more relevant.

To the graduates, I say congratulations, once again!!! What we are about to witness today, is a culmination of your hard work, commitment and sacrifice. Today, you will be formally inducted into the noble art of healing. Your names and designations will change. You will be addressed by many as simply “doctor”. This carries enormous responsibilities. You must keep the good name of the profession. You must abide by its codes of conduct as enunciated in the oath you about to take, and other relevant ethical standards. Your journey in the profession will start today, but this is a lifelong journey. You must commit to lifelong learning and strive to be the best you can be wherever you find yourselves. Be good ambassadors for the College of Medicine and Kaduna State University.

Finally, I would like thank Prof Halima Bello-Manga, the Deputy Provost, College of Medicine and the chairperson of the Sponsio organizing committee, and other members of her team for their tireless effort in ensuring that we give our new colleagues a befitting send-off.

Thank you all, and God Bless.

**Prof Husain Yahya**  
Provost



## SEVEN PILLARS FOR THE SEVENTH COHORT: BEAMS FOR BUILDING AN IMPACTFUL CAREER

BY:

**Aisha Indo Mamman, MBBS (ABU), FMCPATH (NPMCN)**

**Professor of Haematology Ahmadu Bello University, and Chairperson Health Research Ethics Committee Ahmadu Bello University Teaching Hospital, Zaria.**

The Special Guest of Honor, Senator Ahmed Mohammed Makarfi

The Honourable Commissioner, Ministry of Education,

The Honourable Commissioner, Ministry of Health,

The Vice-Chancellor,

The Registrar, Medical and Dental Council of Nigeria

The Chief Medical Director, Barau Dikko Teaching Hospital

Invited guests

Members of University Management

Members of the Senate,

Faculty and Staff of College of Medicine, KASU

Staff of the University,

Parents and guardians of graduands

Graduands

Members of the Press

Distinguished Ladies and Gentlemen

Good morning.

I feel honoured to be the guest lecturer at this year's Oath-Taking ceremony. It is a rare privilege given to a few people. I am grateful. I wish to express my sincere congratulations to the Council and Management of the Kaduna State University (KASU) for diligently training students in healthcare delivery with the vision of strengthening our health systems and contributing a significant component of our social development. Suffice to note that some of the graduates may practice in faraway nations thus making an impact on the global stage as ambassadors of this great nation. I salute the vision of the founding fathers who established world class university and health institutions in Kaduna. Today, Kaduna is not just recognised as *Garin Gwamna* it is now a city of knowledge bearing in mind the number of tertiary educational institutions and tech-hubs that thrive in the metropolis. Cities thrive in the presence of learning, bearing in mind education as the driver for enhanced productivity, resilience, and creativity. The rapid growth and adoption of information and computer technology in our daily routines against the industrial background of Kaduna, I may not be wrong to call Kaduna an emerging ideopolis to borrow the words of Stephen Bevan (2006). The establishment of the college of medical sciences has projected the people-centred governance of the founding fathers whose philosophy of sustainable socio-economic development depended on a strong health system that is operated by well-trained staff who display, empathy, high skill level and a commitment for growth through training subsequent generations. In the establishment of educational institutions, prisons are closed. Thank you for inspiring freedom!

Special felicitations to the dedicated faculty, staff, and stakeholders who train and mentor for academic progression while providing an enabling environment for effective learning and skills acquisition. Your commitment to the Hippocratic philosophy is appreciated. Keep it Up!

My sincere gratitude goes to the Medical and Dental Council of Nigeria (MDCN), the regulatory body that ensures conscientious commitment to training and learning. Your authority safeguards the standards of medical training nationwide, KASU inclusive. By granting accreditation,



medical schools are urged to provide equipment, train, conduct research and offer qualitative health care service to the teeming population of Nigerians. These standards have ensured safety of the citizens, the environment, social development and peace of our country. We are grateful for establishing training standards that are locally relevant but globally competitive.

Parents, Guardians, governments, scholarship agencies, and educational support groups who invested huge resources in the training of these young men and women your expenditure is comparable to sowing seeds that will in the very near future yield a bumper harvest. Individuals sacrificed personal pleasure in tasty meals, elegant outfits, and other forms comfort for the students to have a minimally challenged academic experience. May the Almighty grant all parents, guardians, sponsors and supporters the health and long-life for enjoying the fruits of your investment. Governments and organisations had to forego other aspects of governance and service delivery to place a high premium on educating our young doctors of today. Thank you very much for the sacrifice.

Our graduating doctors, our young Hippocratic apprentices, house officers in the bud, our younger colleagues, CONGRATULATIONS! You have come a long way. Persons who had medical education in the old Tudun Wada hospital of Ahmadu Bello University are familiar with proverbial house of medical training. The terrain on which the house is built consists of primary and secondary school education. The foundation of the house is made of basic medical science courses like anatomy, biochemistry, and physiology. The bricks and walls are made of clinical science courses like medicine, gynaecology, paediatrics, and surgery. The mortar binding the bricks are courses like chemical pathology, haematology, medical microbiology and pathology (laboratory medicine), pharmacology, the short postings anaesthesia, dermatology, maxillo-facial surgery, ophthalmology, orthopaedics, otorhinolaryngology, psychiatry, and radiology. The roof and environment of the building as far as the eyes can see represent community medicine or public health. This legendary building represents the continuous interrelationship between subspecialities of the healers' art. Dentistry, Medicine and Surgery are the only first degree for which a minimum of 24 courses is taken over a six- year period. You learned history, psychology, sociology anthropology, and statistics as components of the training programme. The synchrony of the humanities in medical training with scientific principles makes you all artists who operate on scientific principles. You were teenagers when you came to the college of Medicine, today you are taking the Hippocratic oath in your twenties. You sacrificed your youth, the boisterous activities of adolescence. You gave up partying, the sports tournaments, various youthful hangouts or the business deals to focus on your studies. Slaying is rare among medical students. You spent more time in study, practical classes, ward rounds, and surgical sessions and community training in rural communities or downtrodden urban slums. Your intellectual discourse was on age-related transition, the changes brought by ill-health and how to reverse them. A majority had limited social interactions to prevent failure. Congratulations! Your sacrifice has paid off. The oath-taking ceremony of today is an important landmark in your lives and those of loved ones who were aspired to witness today.

As we celebrate this important milestone; we praise the Almighty for the grace and favour in becoming doctors. Congratulations! First degree is done and dusted. But the real job is just beginning, the degree becomes a bar of responsibility. You will be held accountable for your actions or otherwise. You satisfied the board of examiners and the Senate of your institution, but life is unfolding. Following the oath-taking ceremony, in compliance with national and professional regulatory guidelines ensure that you register with the medical and dental council of Nigeria for the provisional registration. Thereafter you are expected to take up appointment as pre-registration house officers in any of the accredited hospitals for one year. New lessons will emerge in the course of duty and new skills must be learnt. Doctors always engage the basic



knowledge, skills, and methods as required in course of the medical internship or housemanship. Please note that it is a period of supervised learning, but you also earn your salary. Diligence, hard work, truthfulness, empathy, solidarity and support are some pillars of acceptable conduct that will enable a satisfactory housemanship experience. As morning makes the day, so will your conduct and professional attitude as a house officer predict your conduct as a consultant. Therefore, I urge you to build your career on a solid foundation of competence, hard work, empathy and transparency that you may prosper. Medical doctors are not famously rich, but a good doctor is never poor. *“Doctor wey get capacity no dey sapa.”* Medical doctors are the sacrificial lambs of most societies. They gave their youth in intense study. From today you are medical practitioners, in a craft that subjects you to lifelong learning, sleep deprivation, and further limitation in social engagements. For all these, our friends tag us as dull medics. Forgive their ignorance. Your hard work, expertise will never be your refuge in the event of a professional mishap or malpractice charge. Exercise caution in your affairs. Beyond the banter, hard work, and sleeplessness, being a medical doctor makes you a practitioner of a noble profession. Welcome to a special profession. May you have prosperous career.

At graduation, you are judged as a master of skills that assure patient safety. One repeated lesson is that no two patients are identical. In the same patient episodes of ill-health are different each posing its peculiar challenge. You must develop an open-minded approach each time you manage a patient. Despite reading many books, attending ward rounds, palpating splenic and liver masses; you will realise that each patient is as good as any examination material. Anyway, your skills, knowledge and empathy are put to test each day. Remain calm and accept the challenge. It is a worthwhile venture practising medicine. The clinical challenges posed by patients bring to the fore our limited expertise and capabilities. You are human, your knowledge and capability are limited. This means that at some point in our busy lives, we must seek alternative opinion, skills or strategy. A good doctor knows his/her limits. An expert doctor knows when to seek help. Lifelong learning mandates repeated training, renewal of skills, communication and sharing experience. This ageless Hippocratic rule is applicable from today till eternity. The physician is a healer, teacher, most importantly a lifelong student. A doctor trains to work in a team for best outcomes. Each member healthcare team presents a perspective that may alter the course of events. Develop a learner's mindset. For progress, expertise, and relevance, keep learning. Learning is possible when humility, active listening, questioning, and feedback are part of day-to-day activities. Bad days happen and mistakes are made! Mistakes are subtle forms of feedback, which give rise to more questions that need clarification. Mistakes provoke a defensive tendency, but a call for collective review and action may open vistas for improved outcomes. At this point multiple inputs may provide a way out. For the young doctor, these puzzling phenomena become dots on a learning curve. Your age, life's exposure limits your knowledge, be a child, who is conscious of inadequate knowledge and is willing to learn. Seek guidance humbly and politely. Learn to learn, unlearn, relearn, as learning never ends. Experience comes from various directions; an occasional younger colleague may give the heads-up. This highlights the role of the house officer. The house officer being the first point of contact, takes history, records clinical signs, and charts a way forward. The young officer has an important role in patient management for his pivotal activity, therefore, listen out. Alternate opinions provide directions, an occasional voice in the wilderness offers a way out of a tricky situation. Seek clarifications, if necessary, ask questions. The person who asks questions never lacks guidance. Humility is a virtue that opens most doors, and challenges are resolved through humility. Remember John Bunyan's poem in Pilgrim's Progress.

*“He that is down,  
Needs fear no fall,*



*He that is low, no pride.*

*He that is humble,*

*Ever shall have God to be his guide.”*

Be willing to accept alternate opinions. Most importantly, develop a deeply reflective mindset that fosters collaboration, resilience, resolve and greater achievement. Learn as long as you live. The advent of ICT has further facilitated scholarship with development of software applications; website consultation has rapidly expanded the learning frontiers. Please strike a cautious balance between use of electronic devices and ethical patient care.

My dear colleagues, the degree was awarded based on character and learning.

Be yourself is a message from Desiderata. Be truthful and trustworthy, in and out. Your personality when no one is watching, your actions without supervision, points to your steadfastness in all situations reflect integrity. An individual with integrity recognises his limits, humbly gives into superior expertise or opinion. Your inner conscience guides conduct. The awareness of an unpredictable outcome evokes conscientious review of actions. If the action will force a bent head, avoid it. If you can proudly hold your head high, go ahead conduct the task. Remain committed to your promises. A person of honour, keeps his/her word. Humanity makes us forgetful, a notebook, a reminder, or even a trusted friend assist in sustaining our pledges. Doctors are practitioners of a noble profession are men of honour. We interact with our patients, colleagues, and the society in the way we want to be treated. In your professional interaction, be fair, truthful, display maximal professional commitment, and be empathetic.

A physician who displays empathy is commonly perceived as kind. Ill-health, poverty, fear of the unknown cause anxiety, and confusion among patients and their caregivers. Patients remember kindness. At times like these, empathy in speech, and actions are valued more than silver and gold. A drowning man may clutch at a sword, in the same vein, an ill person values kindness and rarely forgets it. Memories emerge from our interactions. Empathy provides a medium for being firm without the patient losing sense of self-worth. Kindness in a listening ear, an attentive gaze, a kind touch makes the difference in the patient care. Kindness nurtures bonds, inspires solidarity and trust. When all fails, be kind. Mark Twain said, “Kindness is the language the deaf can hear, and the blind can see.” No patient forgets a kind doctor.

Proof confirming a claim or belief. For the physician, evidence must be documented as much as possible. Evidence is required for validating claims, supporting arguments and evaluating decisions. It may be oral, document, or tangible materials. Irrespective of the nature of the evidence, it is the physician's duty to document and preserve such. Evidence from a patient includes historical information, consenting documents, and any material that safeguards the welfare of the patient in healthcare delivery or research. Obtaining evidence and its preservation is the cornerstone of medical practice. Evidence in decision is guided by available information regarding patient care in the arena of existing knowledge. These are commonly peer-reviewed journal articles, and they are graded in the following descending manner:

Systematic reviews and meta-analyses, Randomised control trials, Cohort and case-control studies, Case reports and case series, expert opinions and guidelines. Management of evidence shows that the house officer should ensure academic and intellectual advancement during one year of pre-registration housemanship. It is not just about housekeeping in venepunctures, sample collections, and tracing results. It is a period for mapping out future strategy. In managing evidence, criteria for classifying evidence are validity and reliability

The goal of every doctor is health recovery. But this goes beyond the training of the doctor alone. Many jobs require more than just one pair of hands and an exhausted mind. Going by Hausa adage, “Hannu daya ba ya daukar jinka.” Meaning the task of roofing a building is beyond one person. Like roofing, medical practice requires teamwork. It is not just about doctors, healthcare



delivery requires cordial, interaction among persons from different professional backgrounds. It is your duty to respect their contribution, communicate clearly, and innovatively collaborate towards patient safety and health. Every member of the healthcare is important, a good doctor treats them all in dignity, inclusivity, and support. When the team collaborates, patient recovery is assured.

Only a healthy physician can safely take care of patients. Endeavour to preserve your health and well-being. This is self-care. Self-care includes protection from ill-health. Self-care is an ethical commitment to pay attention to all aspects of your health. Self-care is the ability to prevent disease, promote health, and maintain health by an individual or a group of persons. (WHO, ) The most important aspects of self-care include psychological, spiritual, emotional, personal, professional, and physical well-being. Self-knowledge is key, identify your strengths and weaknesses. Enjoy your friends, read books, sing recite poetry, bond with family. Silly hour is allowed! Be attentive to your health, seek medical care appropriately, and live in a safe house. Exercise adequately, relax, make time for vacation, recreation and sleep soundly to heal the body and mind. Read, puzzles like sudoku, meditate, self-hypnotise, garden, support the vulnerable, socialise, translate reading to activity, develop new skills. It is never too late to learn. This maintains brain and emotional health. Tell yourself you are beautiful. Appreciate the qualities you have, and be voice of vulnerable, enjoy your hobbies, play with small children, be an activist, let go! Forgive and move on! At work, you are dispensable, seek help as needed, engage senior colleagues, no overtime, enjoy your lunch break, if you feel ill, take sick leave, and prepare to move on. Be at peace with God whatever you conceive him to be and grow spiritually.

Medical practice presents its version of post-traumatic stress disorder from patient-to-patient. Many people are stoically coping with a lot of health challenges, and there is a need to address them proactively. Otherwise, there is a likelihood that a doctor may collapse during patient care. The simplest approach to self-care is adopting modules of the self-care wheel. You are the best person to protect yourself from ill-health. Self-care is ethical, but self-care that is detrimental to institutional values would not be accepted.

The possession of character, capacity and will to rally men and women to a common purpose is leadership. (Leahy, 2021). The rigours of medical training prepare you for a combination of service and leadership as you navigate through the sciences, behavioural sciences and clinical postings towards multi-dimensional care, aligning with strategies that restore health and improve productivity. The doctor leads as he/she takes clinical responsibility and makes final decisions. We cannot afford to abrogate our authority. Please note! Every member of team has a role, listen, examine, and understand each scenario from various perspectives. Be open with communication, develop your vision and inspire the team to accept it if patient safety is preserved.

Lead yourself first. Monitor your self-talk. Turn your limiting beliefs into empowering beliefs. Understand your values. Consider taking on a coach. Improve your understanding of others. Practise listening to your team. Ask them powerful questions. Help them to turn their limiting beliefs into empowering beliefs. Find out what is important to them. Develop your vision and inspire your team. Reconcile your values with those of your team members. Look at the direction to which those values point. Develop vision together.

You are blessed, favoured and full grace. This degree is an important milestone in our lives. We are eternally grateful for this. The Bachelor of Medicine, Bachelor of Surgery is the first step into a very long journey in the life of a doctor. Challenges and opportunities are features of this journey. Numerous career options are available. Why did I become a doctor? What do I want to achieve? Have I weighed in the options? What alternatives are available? How do I plan? Well .... As a physician, you have a role to play in our health care system. As Nigerians, we owe our compatriots quality service in healthcare delivery. Your contribution towards enhancing



healthcare indices will be appreciated. Today is the beginning of a limitless growth that sustains the profession. The young will grow and replace an aging generation of mentors and teachers. You all came from varied families who made enormous sacrifices for your education. Please do not forget them. Please be the joyful point in the lives of the elderly. Be a role to the younger relatives. Cautious generosity strengthens the bond of kinship. A lot of people erroneously think that doctors are rich, the converse is true. To the society, please be kind to young doctors, they are sleep deprived and exhausted. Exercise caution in all your affairs including the selection of spouses. Life never stops teaching, study continuously till the last day with this, progress is assured for the house officer of today will be a consultant, director or professor tomorrow. Aspire for excellence!

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- Maxwell JC. The 21 indispensable qualities of a leader. Nashville: Thomas Nelson, 1999: 1.



LIST OF GRADUATING STUDENTS 7<sup>TH</sup> CLINICAL SET, JULY 2<sup>ND</sup> 2026

S/NO.	MATRIC NUMBER	NAME	GENDER
1	KASU/15/MED/1018	BATURE, Jerry	MALE
2	KASU/15/MED/1029	DAUDA, Isah Kosau	MALE
3	KASU/18/MED/1004	DANIEL, Azhyikpanye	FEMALE
4	KASU/18/MED/1006	MUHAMMAD, Anisa Suleiman	FEMALE
5	KASU/18/MED/1007	IBRAHIM, Sadiya	FEMALE
6	KASU/18/MED/1008	BASHIR, Fatima Makarfi	FEMALE
7	KASU/18/MED/1012	IBRAHIM, Nafisa Lawal	FEMALE
8	KASU/18/MED/1013	BELLO, Asiyah Abdullahi	FEMALE
9	KASU/18/MED/1014	AYUBA, Na'arah Sheyimu	FEMALE
10	KASU/18/MED/1019	ADZE, Amwe James	MALE
11	KASU/18/MED/1021	IBRAHIM, Bashir	MALE
12	KASU/18/MED/1023	SANUSI, Alamin Maikudi	MALE
13	KASU/18/MED/1025	ELISHA, Priscilla Sim	FEMALE
14	KASU/18/MED/1026	ISAH, Nura	MALE
15	KASU/18/MED/1028	DUNIYA, Nelson Zaki	MALE
16	KASU/18/MED/1029	BELLO, Maryam Uthman	FEMALE
17	KASU/18/MED/1030	DALHAT, Ibrahim Abbas	MALE
18	KASU/18/MED/1034	GARBA, Abdulraheem Sani	MALE
19	KASU/18/MED/1037	MUHAMMAD, Bilkisu Gazara	FEMALE
20	KASU/18/MED/1042	ZAKARIYYA, Abubakar	MALE
21	KASU/18/MED/1043	AMINU, Maryam Chinade	FEMALE
22	KASU/18/MED/1044	UMARU, Smart Ayuba	MALE
23	KASU/18/MED/1049	USMAN, Yunusa	MALE
24	KASU/18/MED/1050	ILIYASU, Muhammad Sani	MALE
25	KASU/18/MED/1052	DAWUD, Abdussamad	MALE
26	KASU/18/MED/1061	ABDULHAMEED, Maryam Muhibba	FEMALE
27	KASU/18/MED/2003	MUHAMMAD, Rukayya	FEMALE
28	KASU/18/MED/2012	UMAR, Aisha Dahir	FEMALE
29	KASU/18/MED/2018	ABDALLAH, Wardah	FEMALE
30	KASU/18/MED/2024	SAGIR, Fatima Muhammad	FEMALE
31	KASU/18/MED/2030	SADIQ, Amina	FEMALE
32	KASU/18/MED/2031	IBRAHIM, Firdausi	FEMALE
33	KASU/19/MED/2001	DANMUTUM, Maryam Zenze	FEMALE
34	KASU/20/MED/3001	YUSUF, Onimisi Abdullahi	MALE
35	KASU/20/MED/3002	SHAIBU, Omonori John	MALE
36	KASU/20/MED/3004	UMAR, Mariam	FEMALE
37	KASU/20/MED/3005	ALIH, Hadiza Ugbedeajo	FEMALE
38	KASU/20/MED/3007	AWWAL, Kamil Agono	MALE
39	KASU/20/MED/3008	POPOOLA, Deborah Arewa	FEMALE
40	KASU/20/MED/3009	ADEKU, Omeiza Samuel	MALE



41	KASU/22/MED/4008	ABDURRASHID, Amina	FEMALE
42	KASU/22/MED/5002	MAKARFI, Hauwa'u Ibrahim	FEMALE
43	KASU/22/MED/5003	SANI, Fatima Baba	FEMALE
44	KASU/22/MED/5005	ADAMU, Sadiya Ibrahim	FEMALE
45	KASU/22/MED/5006	HALLIRU, Hafsat Kargi	FEMALE
46	KASU/22/MED/5007	AHMED, Salma Tijjani	FEMALE
47	KASU/22/MED/5008	MAMMAN, Hadiza Musa	FEMALE
48	KASU/22/MED/5009	MAMMAN, Ruqqayat Musa	FEMALE
49	KASU/22/MED/5010	TURAKI, Rabiatu Ahmad	FEMALE
50	KASU/22/MED/5013	MUKHTAR, Maryam Sani	FEMALE
51	KASU/22/MED/5014	USMAN, Hauwa'u Yumna	FEMALE
52	KASU/22/MED/5015	LAWAL, Fauziya Muhammad	FEMALE
53	KASU/22/MED/5016	ADAM, Fatima Suleiman	FEMALE
54	KASU/22/MED/5017	BALA, Rashida Abdullahi	FEMALE
55	KASU/22/MED/5020	SANUSI, Rafia Abdullahi	FEMALE
56	KASU/22/MED/5021	ISMAILA, Zainab Mungadi	FEMALE
57	KASU/22/MED/5022	ABDULLAHI, Maryam Nura	FEMALE
58	KASU/22/MED/5023	MUHAMMAD, Ummulkhair Imran	FEMALE
59	KASU/22/MED/5024	RABIU, Aisha Kamba	FEMALE
60	KASU/22/MED/5025	BABA, Fadila Yakubu	FEMALE
61	KASU/22/MED/5026	HAMID, Zainab Sani	FEMALE
62	KASU/22/MED/5029	BASHIR, Umaimatu Sakadadi	FEMALE
63	KASU/22/MED/5032	KABIR, Abubakar Saddiq	MALE
64	KASU/22/MED/5033	SALIHU, Yusuf Adamu	MALE
65	KASU/22/MED/5036	MUSA, Asma'u	FEMALE
66	KASU/22/MED/5037	BASHIR, Fahad Iya	MALE
67	KASU/22/MED/5038	SABIU, Muhammad	MALE
68	KASU/22/MED/5040	GARBA, Zainab Abubakar	FEMALE



CATEGORIES OF AWARDS TO BE GIVEN TO ACADEMICALLY OUTSTANDING STUDENTS; 7<sup>TH</sup> CLINICAL SET

S/N	NAME OF PRIZES	Name of 2026 Recipient
1	PROF. ABDULMUMINI RAFINDADI Prize for best graduating student in Pathology	AWWAL, Kamil Agono KASU/20/MED/3007
2	DR. ABDULHAMEED BALA ABUBAKAR Prize for the Best Graduating Student in Internal Medicine	AWWAL, Kamil Agono KASU/20/MED/3007
3	PROF. ISHAYA AUDU FOUNDATION Prize for the Best Graduating Student in Paediatrics	AWWAL, Kamil Agono KASU/20/MED/3007
4	MAY FOUNDATION Prize for Best Graduating Student in Haematology	AWWAL, Kamil Agono KASU/20/MED/3007
5	PROF. ABDULKADIR MUSA TABARI Prize for the Best Graduating Student in Radiology	LAWAL, Fauziyya Muhammad KASU/22/MED/5015
6	RT. HONORABLE YAKUBU UMAR BARDE Prize for the Best Graduating Student in Surgery	AWWAL, Kamil Agono KASU/20/MED/3007
7	NIGERIAN MEDICAL ASSOCIATION KD BRANCH for the Best Graduating Student overall	AWWAL, Kamil Agono KASU/20/MED/3007
8	MEDICAL WOMEN ASSOCIATION OF NIGERIA (KADUNA BRANCH) Prize for the best graduating female student overall	AMINU Maryam Chinade KASU/18/MED/1043
9	DR. HADIZA SABUWA BALARABE (DEPUTY GOVERNOR, KAD) Prize for the Best Graduating Student in Community Medicine	IBRAHIM, Sadiya KASU/18/MED/1007
10	PROF. NASIRU MUHAMMED SAMBO Prize for the Best Graduating student in Community Medicine Research Project	UMAR, Mariam KASU/20/MED/3004
11	GEN. ABDULSALAMI ABUBAKAR Prize for the Best Graduating Student in Obstetrics and Gynaecology	AWWAL, Kamil Agono KASU/20/MED/3007
12	MEDICAL AND DENTAL CONSULTANTS ASSOC. OF NIGERIA (BDTH CHAPTER) Prize for the Best Graduating Student; Pre-Clinical	<b>PRE-CLINICAL:</b> IBRAHIM, Bashir KASU/18/MED/1021
13	MEDICAL AND DENTAL CONSULTANTS ASSOC. OF NIGERIA (BDTH CHAPTER) Prize for the Best Graduating Student; Clinical	<b>CLINICAL:</b> AWWAL, Kamil Agono KASU/20/MED/3007
14	PROF. IBRAHIM ABDU -AGUYE Prize for the Best Graduating Student in Clinical Pharmacology	AWWAL, Kamil Agono KASU/20/MED/3007
15	BRIG. GEN. SAMUEL LAYE TEIDE (Rtd) prize for the Best Graduating Female Student in Obstetrics & Gynaecology	UMAR, Mariam KASU/20/MED/3004
16	PROF. ABDULLAHI A. ABBA Prize for Humanitarian and Community Service	DAWUD, Abdussamad KASU/18/MED/1052
17	VICE CHANCELLOR'S Prize for the Graduating Class's most inspiring student	YUSUF, Onimisi Abdullahi KASU/20/MED/3001
18	CHIEF MEDICAL DIRECTOR (BDTH) Prize for Exemplary Character and Professional Conduct	AYUBA, Na'arah Sheyimu KASU/18/MED/1014



**COLLEGE COMMITTEE ON SPONSIO ACADEMICA/INDUCTION CEREMONY**

**Professor Halima Bello-Manga**

Deputy Provost, College of Medicine, *Chairperson*

**Dr. Muhammad Suraj**

Deputy Dean, Faculty of Basic Medical Sciences, *Member*

**Dr Sanni Musa**

Deputy Dean, Faculty of Basic Clinical Sciences, *Member*

**Dr Ramatu Zubair**

Deputy Dean, Faculty of Clinical Sciences, *Member*

**Mr Timothy Ishaku**

Directorate of Academic Planning, *Member*

**Ms. Lynda Naah Yunana**

College Secretary, *Member*

**CO-OPTED MEMBERS OF THE COMMITTEE**

**Dr Stephen Bature**

Dean, Faculty of Basic clinical sciences

**Dr. Ifeoma Ijei-Enesi**

Head, Department of Haematology and blood Transfusion

**Dr Oyewale Abdulwaheed**

Department of Anatomy

**Mr. Zubairu Balarabe**

Faculty Officer, Faculty of Basic Medical Sciences

**Mrs Hamida Umar**

Faculty Officer, Faculty of Basic Medical Sciences

**Mrs Rahina Aliyu**

Faculty Officer, Faculty of Clinical Sciences



